Sewing Elastic Cord

By: BurdaStyle

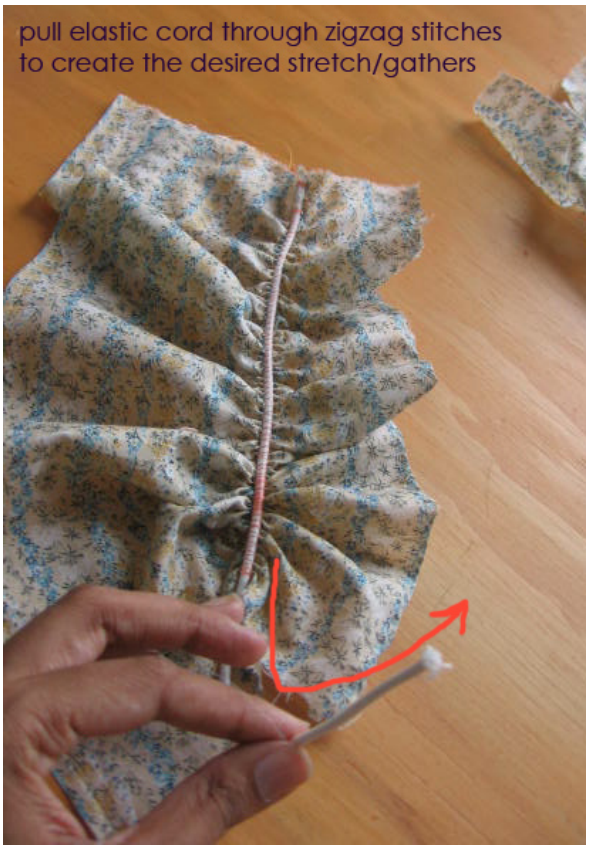
http://www.burdastyle.com/techniques/sewing-elastic-cord

Learn in a few simple steps how to sew an elastic!

Step 1

You might find yourself sewing a lot of projects with elastic in them lately. You'll notice our latest patterns, the Tara top and the Celestina dress both require elastic. Instead of using the regular flat elastic tape, try using a round elastic cord. With this technique you use zigzag stitches to create a casing for the elastic cord, which is then easily pulled through to the desired length. It allows you to control the fabric gathers, and also prevents the garment from being too tight. (Trust me--- I made three versions of the Tara top before I got the elastic under the bust to fit well.)

Step 2



Hold one end of the cord, and pull the other end to create the desired look. Once you have the perfect stretch/gathers, tack the ends of the cord in place with a few machine stitches and cut off excess.

Step 3

Closeup of the zigzag stitch casing.