Jane

By: BurdaStyle

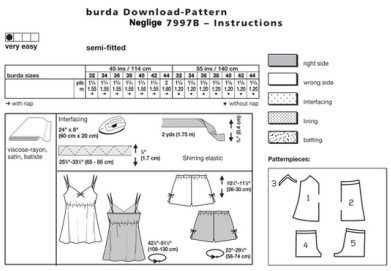
http://www.burdastyle.com/projects/jane

A delicate and delightful set- neglige and shorts!

Materials

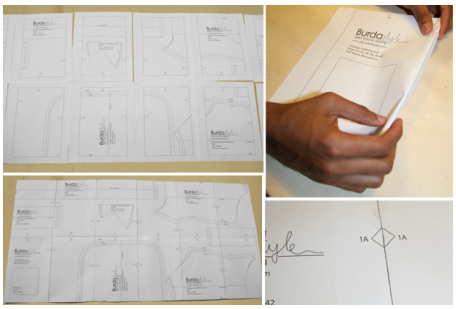
lightweight fabrics (silk, satin, charmeuse), interfacing, elastic cord

Step 1



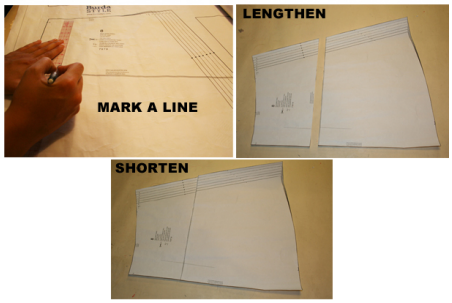
1 Front piece 1x
2 Back piece 1x
3 Front Facing 1x
4 Front panty piece 2x
5 Back panty piece 2x

Step 2



The patterns can be printed out at the copy shop. If you decide to print them at home, follow the instructions:
Paper cut for ANSI A or US Letter (German DIN A4) prints:
The patterns are printed out on 18 sheets with a thin frame. Wait, until all sheets are printed out. Arrange the sheets so that they fit together (see extra page with the overview of the prints). Cut off the single sheets on the upper and right edge along the thin frame lines. Begin with the left lower sheet and then glue the parts in the frame lines together precisely.

Step 3

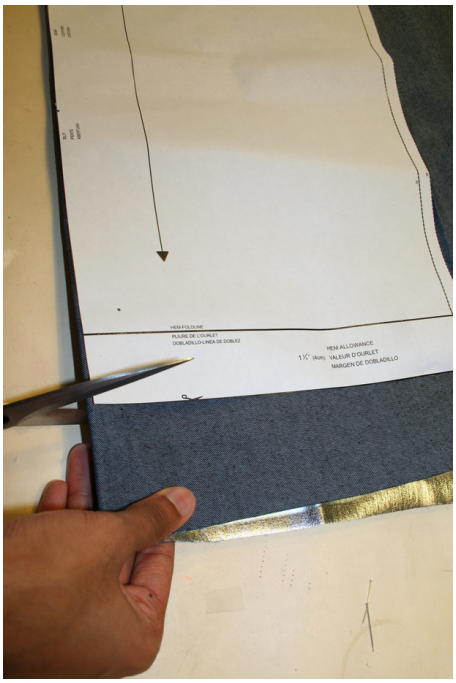


ADJUST PATTERN SIZES
Select your size according to the Burda-dimension table: dresses, blouses, jackets and coats according to the bust size, trousers and skirts according to the hip width. Change the pattern to fit your measurements if they deviate from the Burda-size chart. Cut out the pattern according to your size (a).
Refer to our â“Adjust patterns for mixed sizesâ“ technique

LENGTHENING OR SHORTENING THE PATTERN PIECES
Our pattern is calculated for a height of 5â“ 6â“ (168 cm). If you are taller or shorter, you may adjust the pattern to fit your size at the lines marked “lengthen or shorten here”. Thus the fit is preserved. Make sure that you adjust all pieces of one model by the same amount at the same lines. (b)

How to lengthen and shorten pattern pieces:
Cut the pattern pieces along the marked lines.
To lengthen, slide the two halves of the pattern piece as far apart as necessary.
To shorten, overlap the two halves of the pattern piece as far as necessary. Even out the side edges. ©

Step 4

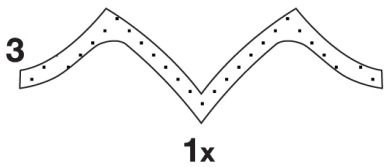


CUTTING OUT
FOLD (â“ â“ â“) means: here is the center of a pattern piece but never a cut edge or a seam. The piece should be cut double, with the fold line forming the centre line. Pattern pieces that are outlined with a broken line in the cutting diagrams are to be placed face down on the fabric. (a)

The cutting diagrams on the pattern sheet show how the pattern pieces should be placed on the fabric.
For a single layer of fabric, the pattern pieces are pinned to the right side. For double layers of fabric, the right sides are facing and the pattern pieces are pinned to the left side. The pattern pieces that are shown in the cutting diagram, extending over the fold of the fabric, should be cut last from a single layer of fabric. (b)

Step 5

INTERFACING



SEAM AND HEMLINE ALLOWANCES are included on an average:
5/8â“ (1.5 cm) for all edges and seams. Use BURDA carbon paper to transfer all pattern lines and markings to the left side of the fabric pieces. You find instructions in the packet. (a)

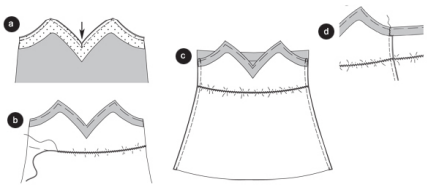
47â“ (114 cm) fabric width, size 4 to 14: Fold only one woven edge towards the fabric center. This way you will get a fold line, on that you will be able to pin the front piece, back piece and the trimming. Cut pieces no. 4 and 5 from a single layer of fabric. Pin each of those pieces onto the fabric, once with the printed right side up and

once with the printed right side down, cut the pattern out.

Interfacing
Cut interfacing according to the drawing and press onto the wrong fabric side

SEWING
When sewing the right fabric sides are facing.

Step 6



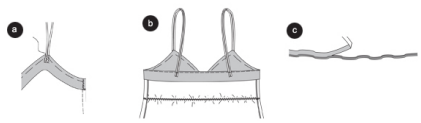
TOP
Neckline / Front piece
Neaten the lower facing edge. Baste trimming onto the neckline, right sides facing, stitch. Trim allowances. Cut a notch into the neckline peak until reaching the stitching line (arrow), Trim allowances at the corners. Fold facing inwards, baste the edges and press. (a)

Front piece and back piece / Elastic band
Position elastic onto the marked stitching line of the inner front piece as well as back piece. Stitch using a long slack zigzag stitch. Be aware that the zigzag stitches are placed next to the elastic and NOT onto it. If so, the stitches will interfere with the free movement of the elastic which is encased within the zigzag stitch pattern.
Tip: Please use a piping stitch foot, if possible. That foot has a gap on the wrong side for an optimal conveying of the elastic band.
Tighten the elastic band on the front and back piece to the following measurements:
Size 4: 12â“ (29 cm), size 6: 12â“ (31 cm)
Size 8: 13â“ (33cm), size 10: 14" (35cm)
Size 12: 15â“ (37cm), size 14: 16â“ (39cm)
Size 16: 17â“ (41cm)
Stitch elastic band ends inside the allowances. (b)

Side seams
Position front piece onto the back piece, the right sides facing, the upper edge meets the fold line of the back piece. Baste side seams (seam 2). Stitch. Secure stitch ends. Neaten facing of the back piece. Trim allowances of the side seams folded together, and fold and press inwards the back piece. ©

Fold the facing of the back piece inwards, baste edges, press. Stitch facing onto the allowances of the side seams. (d)

Step 7



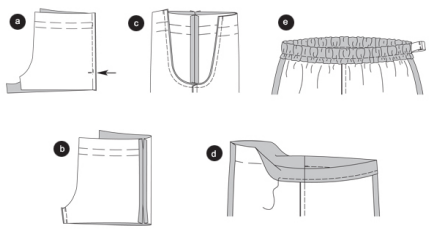
Straps
Cut three times 6â“ (15 cm) and keep separately.

Cut the rest of the strap band into four equal pieces. Stitch two of the straps next to each other under the front neckline edge. Position the other strap ends under the back neckline edge. Try the top on to adjust the length of the straps finally (a). While stitching the back and top edge narrowly, stitch over the straps (b).

Make a bow and fix it onto the front center.

Hem
Fold and press allowances inwards, stitch the fold line using a tightly adjusted zigzag stitch. Trim and cut the allowances close to the stitches. ©
Tip: Test it out using a remnant. Use stitching thread. Test the stitch adjustment and thread pressure.

Step 8



Panty
Side seams
Position Front panty pieces onto the back panty pieces, right sides facing. Baste side seams (seam 3). Stitch side seams towards to slit signs (arrow), start stitching the side seams along the trimming fold line (opening for the elastic band). Secure seam ends. Neaten allowances and press apart. Open the basting stitches on the slits. (a)

Inner leg seams
Position front panty pieces onto the back panty pieces, right sides facing. Stitch inner leg seams (seam 4). Neaten allowances, folded together and press towards the back. (b)

Center seam
Fold one panty leg inside out. Pull one panty leg inside the other, right side facing the other right side. Baste center seam, The inner leg seams meet. Stitch. Trim allowances and neaten altogether. Fold and press allowances of the front and back center in towards the panty legs. ©

Elastic band tunnel
Neaten facing of the upper panty edge, fold inwards along the fold like, baste and press. Stitch panty edge approximately 1â“ from the edge, stitch including the facing. (d)

Tighten the elastic band through the opening of the seam to the following lengths:
Size 4: 23â“ (58 cm), size 6: 24â“ (62 cm)
Size 8: 27â“ (66cm), size 10: 28" (70cm)
Size 12: 30â“ (74cm), size 14: 31â“ (78cm)
Size 16: 33â“ (82cm)
Stitch elastic band ends together. (e)

Neaten seam and side slits.

Fold the bows and stitch them onto the slits.