Idit

By: BurdaStyle

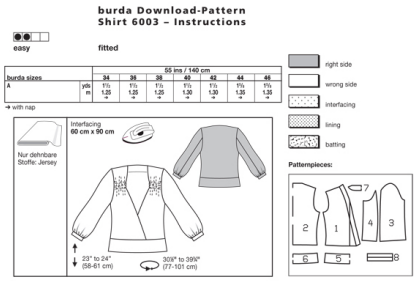
http://www.burdastyle.com/projects/idit

Pull-over top made out of a fresh knit.

Materials

Jersey fabric, polyester thread

Step 1

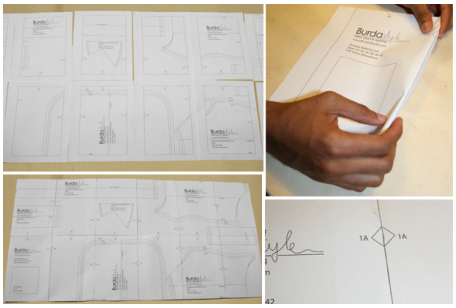


1 Front piece 2x
2 Back piece 1x
3 Upper sleeve 2x
4 Bottom sleeve 2x
5 Front waist band 2x
6 Back waist band 2x
7 Back trimming 1x

8 Sleeve cuff 2x

Fabrics: Jersey fabrics

Step 2



The patterns can be printed out at the copy shop. If you decide to print them at home, follow the instructions:
Paper cut for ANSI A (German DIN A4) prints:
The patterns are printed out on 18 sheets with a thin frame. Wait until all sheets are printed out. Arrange the sheets so that they fit together (see additional page with the overview of the prints). Fold the single sheets on the upper and right edge along the thin frame lines. Begin with the left lower sheet and then tape the frame lines together precisely.

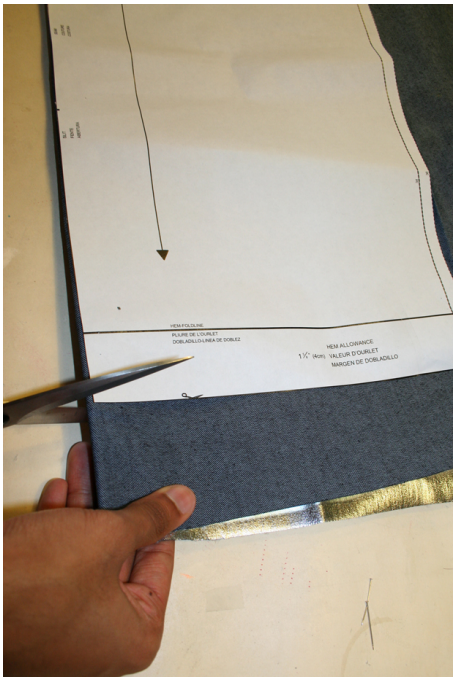
Step 3

ADJUST PATTERN SIZES
Select your size according to the Burda-dimension table: dresses, blouses, jackets and coats according to the bust size, trousers and skirts according to the hip width. Change the pattern to fit your measurements if they deviate from the Burda-size chart. Cut out the pattern according to your size (a).
Refer to our â“Adjust patterns for mixed sizesâ“ technique

LENGTHENING OR SHORTENING THE PATTERN PIECES
Our pattern is calculated for a height of 5â“ 6â“ (168 cm). If you are taller or shorter, you can adjust the pattern pieces along the lines marked “lengthen or shorten here”. This way the proper fit is maintained. Always adjust all pattern pieces along the same line to the same degree (b).

How to lengthen and shorten pattern pieces:
Cut the pattern pieces along the marked lines
To lengthen, slide the two halves of the pattern piece as far apart as necessary.
To shorten, overlap the two halves of the pattern piece as far as necessary. Blend the side edges ©.

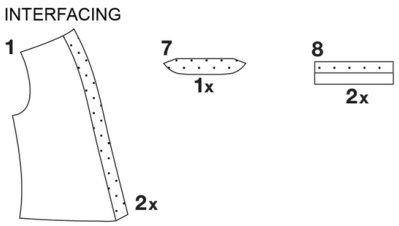
Step 4



CUTTING OUT
FOLD (â“ â“ â“) means: Cut on the fold, the fold being the center of the pattern piece, but never a cut edge or seam. The piece should be cut double, with the fold line forming the center line. Pattern pieces that are outlined with a broken line in the cutting diagrams are to be placed face down on the fabric. The cutting diagrams on the pattern sheet show how the pattern pieces should be placed on the fabric (a).

The cutting diagrams show the placement of the pattern on the fabric.
For a single layer of fabric, the pattern pieces are pinned to the right side. For double layers of fabric, the right sides are facing and the pattern pieces are pinned to the wrong side. The pattern pieces that are shown extending over the fold of the fabric in the cutting diagram should be cut last from a single layer of fabric (b).

Step 5



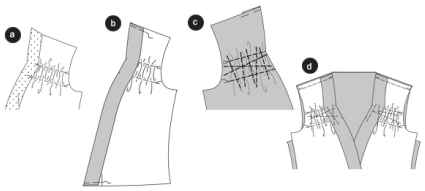
SEAM AND HEMLINE ALLOWANCES are included on an average:
5/8â“ (1.5 cm) for all edges and stitches. Using BURDA copying paper, transfer the lines and signs of the pattern onto the wrong side of the fabric. Instructions can be found in the packaging.

Sewing
While sewing, the right sides of the fabric are facing.
Transfer all lines of the pattern onto the right side of the fabric using basting stitches.

Tips for jersey fabric: To keep the elasticity of the fabric, stitch seams with an elastic stitch or with a level opposed zigzag stitch. Use a ball point needle in your sewing machine for fine mesh fabrics; you will achieve a picture perfect looking stitch with no stitches left out. Neaten allowances, if necessary, using an over-lock sewing machine.

Interfacing
Cut interfacing according to the drawing and press onto the left fabric side

Step 6

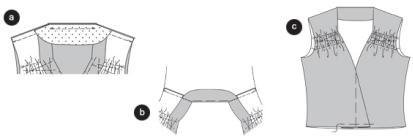


Sweater
Double stitch front pieces
Stitch front pieces with long, loose, machine basting stitches at the marked lines, leaving tails at both ends so you can pull to gather. Tighten underthread for
Size 6 â“ 8 â“ 10 â“ 12 â“ 14 â“ 16 â“ 18
High to 3.3 â“ 3.5 â“ 3.7 – 3.7 â“ 4 â“ 4 â“ 4.3"
(8,5 – 9 – 9,5 – 9,5 – 10 – 10,5 – 11 cm)
Low to 4.3 â“ 4.5 â“ 4.7 â“ 5 â“ 5.3 â“ 5.5 â“ 6â“
(11 – 11,5 – 12 – 13 – 13,5 – 14 – 15 cm)
Space out the gathers equally. (a)

Neaten truncated front piece trimmings, fold inwards along the FOLD LINE, baste the top and bottom parts.
Stitch the front pieces between the stitching lines multiple times and along as well as across using uneven spaces (b)

Shoulder seams
Position front pieces onto the back pieces, right sides facing. Pin shoulder seams (seam 1) and stitch. Trim allowances and neaten. ©

Step 7



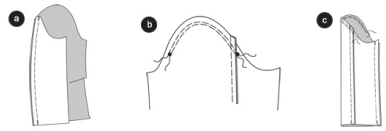
Neckline / Facing
Baste back facing onto the back neckline, right sides facing, and stitch. Secure thread ends. Neaten the other facing edge. (a)

Baste back facing inwards. Press the allowances of the shoulder seams towards the back piece. Stitch folded facing onto the shoulder seams. (b)

Side seams
Position front parts onto the back part, right sides facing, stitch side seams (seam 2). Trim the allowances, neaten altogether and press towards the back piece.

Position right front piece onto the left front piece with the centers facing, baste bottom edges one on top of the other. ©

Step 8

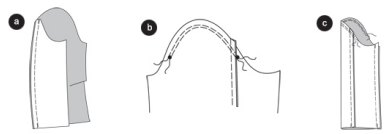


Waist band
Stitch side seams (seam 3). Press allowances apart.

Position waist band pieces on top of each other with right sides facing, side seams meet. Baste bottom edges on top of each other and stitch. Trim allowance. Turn waist band, inside out. Press the edge. Pin open edges one on top of the other. (a)

Baste waist band onto the bottom sweater edge (seam 4), right sides facing; Side seams meet. Stitch waistband with a zigzag stitch or an elastic stitch. Trim allowances, neaten and press downwards. (b)

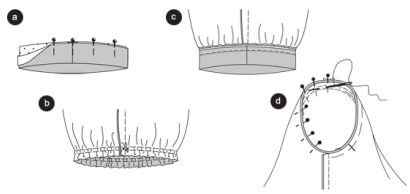
Step 9



Sleeves
Position the bottom sleeve pieces onto the top sleeve pieces facing right to the right, baste back sleeve seam (seam 5) and stitch. Trim allowances, neaten, then fold and press into the bottom sleeve. (a)

To support the sleeve rounding, stitch from â to â twice and parallel using large stitches. 11) Fold sleeves lengthwise, stitch front sleeve seams (seam 5). Cut and trim allowances, neaten all together and press into the bottom sleeve.(b)

Step 10



Sleeve cuff
Close the cuff, making a circle (seam 8). Press allowances apart. Fold half of the cuff along the FOLD LINE, inside out. Pin open edges on top of each other. ©

To support the bottom sleeve edge stitch twice and parallel using a large stitch. Tighten underthread to the width of the cuff. Knot threads. Space out the width evenly. (d)

Baste the cuff onto the bottom sleeve edge (seam 9), right sides facing; the seam s will meet the front sleeve

seam. Stitch sleeve cuffs using a level opposed zigzag stitch or an elastic stitch (e)

Apply sleeves
To support the sleeve rounding tighten the underthreads of the seams slightly.

Pin the sleeves onto the armhole facing right to the right. 4 points are essential for the fit of the sweater when you apply the sleeves:
= the cross lines 7 of the top sleeve and the front piece have to meet. The cross line of the bottom sleeve has to meet the side seams. The cross line of the sleeve rounding has to meet the shoulder seam. The supporting width of the sleeve between â and â has to be spaced out to prevent pleats. Baste and stitch the sleeve from the view of the sleeve side. Trim allowances, neaten and press inwards into the sleeve. (f)